

# HOW TO APPLY

- Call or email us to set-up a telephone interview
- Visit a program to determine if the volunteer position is right for you
- Complete the volunteer application package
- Attend a volunteer orientation and training session

[www.marchofdimes.ca/acdp](http://www.marchofdimes.ca/acdp)

ACD Programs are offered at the following locations:

- MAPLE ■ NEWMARKET ■ PETERBOROUGH ■ VAUGHAN ■ STOUFFVILLE ■ WHITBY ■



\*This brochure is produced in an “aphasia-friendly”, more “communicatively accessible format” \*

## YOU CAN HELP!

Become a volunteer, make a financial donation, and tell others about the program

For more information, please contact:

**Aphasia and Communication Disabilities Program -  
March of Dimes Canada**

13311 Yonge Street, Suite 202  
Richmond Hill, Ontario L4E 3L6

Phone: 905-773-7758 Ext. 6266

Toll-free: 1-800-567-0315

[www.marchofdimes.ca/acdp](http://www.marchofdimes.ca/acdp)

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## APHASIA AND COMMUNICATION DISABILITIES PROGRAM



Do you like to communicate?

# VOLUNTEER

Help Adults with  
Communication Disabilities

March of Dimes Canada  
Charitable Registration No. 10788 3928 RR0001

870E 08/15

# THE PEOPLE WE SUPPORT

Volunteers and staff at March of Dimes Canada Aphasia and Communication Disabilities Program support adults with different communication disabilities.



Aphasia is one of the communication disabilities that can occur after stroke, brain injury or brain illness. It may be hard to talk, to understand spoken words, to read and write.

## Some people may also have:

- Dysarthria – weakness of the speech muscles
- Apraxia of speech – difficulty with coordination of speech sounds
- Cognitively based communication challenges

Communication changes affect both well-being and self-confidence.

# OUR VOLUNTEERS

Our volunteers work in collaboration with Speech-Language Pathologists and Communicative Disorders Assistants.

Volunteers are the bridge by which adults with aphasia can re-enter and find their place in the community.

As a volunteer one of the most important things you will do is provide our clients with the opportunity to have meaningful adult conversations!

Volunteers participate in discussion groups and skill sessions with clients. These may include, and are not limited to the music program, drawing for communication, card and games, storytelling, themed discussions, technology for communication and current events.

*“Volunteers are not just doing the ‘busy work’ of the agency, but are trained and capable of delivering the program to clients.”*

ACDP Volunteer

# BENEFITS OF VOLUNTEERING

- Participate in a unique and rewarding experience
- Learn supportive communication strategies and develop communication aids
- Gain knowledge of the impact of brain injury, stroke, and aphasia
- Participate in regular training workshops on a variety of topics
- Help evaluate and shape our community program
- Develop leadership, decision-making and creative communication skills
- Develop more self-confidence and patience
- Chat, smile and laugh in a safe and supportive environment

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# JOIN TODAY!

1-800-567-0315 Ext. 6266